

		Lunes	Martes	Miércoles	Jueves	Viernes	Sábados	Domingo
YOGA	7:30 - 8:45		Yoga Power Vinyasa		Yoga Power Vinyasa			
	9:30 - 10:45	Yoga Power Vinyasa		Yoga Power Vinyasa		Yoga Power Vinyasa		
	10:30 - 11:45							Yoga Power Vinyasa
	12:00 - 13:00	Yoga Power Vinyasa		Yoga Power Vinyasa		Yoga Power Vinyasa		
POLE	9:30 - 11:00				POLE 0			
	9:30 - 10:30		FREESTYLE					
	10:30 - 12:00		POLE 0					
	11:00 - 12:30				POLE I		POLE 0 & I	
	17:00 - 18:30	POLE I	POLE 0	POLE 0		POLE 0		
	18:30 - 20:00	FREESTYLE	POLE I & II	POLE 0 & I	POLE 0	POLE 0		
	20:00 - 21:30	POLE 0	POLE 0	POLE I	POLE I & II	POLE 0 & I		
	21:30 - 22:30			FREESTYLE				
	21:30 - 23:00	POLE EXOTIC	POLE I & II		POLE 0 & I			
AÉREOS	20:00 - 21:30				TELAS			
	21:00 - 22:30	TELAS		TELAS				
F&F	9:30 - 10:30		F & F					
	17:30 - 18:30					F & F		
	18:45 - 19:45			F & F				
	19:00 - 20:00	F & F			F & F	F & F		
	19:30 - 20:30		F & F					
	20:00 - 21:00	F & F		F & F				
	20:30 - 21:30		F & F					

